

Wisconsin Women's Network

Bi-Weekly E-Bulletin | December 16, 2009



WISCONSIN
WOMEN'S
network

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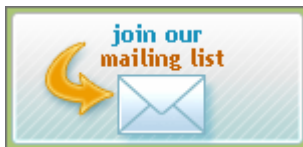
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Please consider giving to the Wisconsin Women's Network through Community Shares of Wisconsin's Workplace Giving Campaign. For more information, visit [Community Shares](#) or contact the [WWN office](#).

Be sure to visit our updated website:

www.wiwomensnetwork.org

→ Events from Our Members

Free Caregiver Training Series

[Catholic Charities Aging Services](#) is offering free comprehensive caregiver training throughout 2010 to teach caregivers practical skills that make them better caregivers. The hands-on training includes falls prevention, lifting and positioning, skin care, medication safety, toileting and dressing, bathing and shower safety, and dealing with incontinence and much more. Jean Mueller, a registered nurse and member of the Dane County Caregiver Alliance, teaches the workshops and has more than 30 years of caregiving experience, both professionally and personally.

Register now for the following Workshops:

Saturdays, Jan 9, 16, 23 and 30 · 9am - 1pm

Auditorium 2, Capitol Lakes Retirement Community,
333 W. Main Street, Madison

Saturdays, Feb. 20, 27, March 6 and 13 · 9am - 1pm

Meriter Health Services, 2180 W. Beltline Highway, Madison

Get [details and registration information here](#) or contact [Diane Walder](#) at (608) 442-7249.

Community Shares of Wisconsin

2010 Backyard Heroes

There are still openings for nominations for the [Backyard Hero Award](#) for 2010. Contact [Myla Burns](#) for a nomination form. The Backyard Hero Award gives you a chance to recognize an outstanding volunteer. Your organization also gets its name, phone number and web address on the air every day for a month on [105.5 FM](#) and in a published advertisement in the [Isthmus](#).

[The ACLU of Wisconsin](#)

Announcing a brand new website! Find out about legislative efforts, public education work, current litigation docket, and ways to follow [ACLU of Wisconsin](#) on [Facebook](#) and [Twitter](#). You can also get news and opinion from their [blog](#).

→ News

[WI Elder Economic Security Initiative](#)

A day after President Obama hosted the [Jobs and Economic Growth Forum](#) (or Jobs Summit) at the White House, WOW issued [A](#)

WWN is now on [Twitter](#)

Join Twitter and share your thoughts and ideas with us!

WWN is on Facebook!

Got Facebook? Become a fan of WWN, and join our cause!

[Women's Agenda for Job Creation](#) calling on the Administration and Congress not to leave women out of the equation.

["The 2009 Elder Economic Security Standard Index for Wisconsin,"](#) developed at the University of Massachusetts, looks at the basic cost of living for individuals and couples. The county-by-county study concludes that a large percentage of older people cannot afford to live in Wisconsin.

Women's Health and Reproductive Rights

Opinion: We must stand up for victims of domestic violence

Dane County has experienced the harsh lesson in the past two weeks that domestic violence is too often lethal. Two young women and two young children are dead, while another two young children and their mother recover from gunshot wounds. In all of our neighborhoods there are thousands of other women and children who live in fear.

Article: Menopause, as Brought to You by Big Pharma

Millions of American women in the 1990s were told they could help their bodies ward off major illness by taking menopausal hormone drugs. Some medical associations said so. Many gynecologists and physicians said so. Respected medical journals said so, too.

Article: Bone-Building Drugs May Cut Breast Cancer Risk

Bone-building drugs taken by millions of women to prevent fractures and osteoporosis may also protect them against breast cancer.

Women's Economic Issues

Recession does not deter women entrepreneurs

Studies have also long shown that companies started by women - as well as businesses owned by minorities - encounter barriers far greater than their white male counterparts, particularly in getting access to capital and government contracts.

Thirty women entrepreneurs to follow on Twitter

30 women entrepreneurs have excellent Twitter feeds to follow

Women in Prison

Judge blasts medical care at Wisconsin women's prison

A federal judge is ordering trial on a class action lawsuit that seeks to improve medical care at the state's largest women's prison. U.S. District Judge Rudolph Randa rejected the state's request to dismiss the case, which was filed by the American Civil Liberties Union on behalf of inmates at Taycheedah Correctional Institution.



Job and Volunteer Opportunities

Job Opportunities

Posted 12/11/09

[Planned Parenthood of Wisconsin](#)

Planned Parenthood is hiring Public Affairs Organizers in both Milwaukee and Madison.

With 180,000 patient visits annually in 27 health centers statewide, Planned Parenthood is a leader in family planning. In 2010, Planned Parenthood of Wisconsin celebrates its 75th Anniversary. Become a member of this organization dedicated to the mission of empowering all individuals to manage their sexual and reproductive health through patient services, education and advocacy. The Public Affairs team is always charged up to protect access to reproductive freedoms and promote reproductive justice.

The Public Affairs Organizers will work to create a climate where reproductive and sexual health is protected and promoted and advocacy and visibility are increased on the local, state and federal level. NOTE: this is a limited term full-time position through December 31, 2010. Full details and how to apply are [posted online](#).

Posted 12/08/2009

[2010 Census](#)

The U.S. Census Bureau recently announced that 48,000 people are being recruited across the State of Wisconsin to work as census takers for the [2010 Census](#) between December, 2009, and June, 2010. Tests for the positions, which pay between \$11.50 and \$15 per hour, are taking place through January at locations throughout the state. Testing times and locations across Wisconsin are available by calling, toll free, 1-866-861-2010. More information about the positions, including application forms and a practice test, are available at the [2010 Census website](#) or [press release](#).

Volunteer Opportunities

[Independent Living, Inc.](#) is looking for volunteers to help keep seniors and people with disabilities independent and in the home of their choice. We offer a wide variety of volunteer opportunities. Opportunities include:

Chore Corps: Help an older or disabled adult with running errands, grocery shopping, meal preparation or light housekeeping. Flexible schedule 1-2 hours per week.

Evening Meals on Wheels: Deliver hot, nutritious meals to the home of frail or homebound older adults or people with disabilities. Routes start between 4:00 to 4:30 p.m. Monday through Friday and generally take about an hour to complete. Delivering meals make a great group or family activity.

Friendly Visiting: Help prevent social isolation by offering weekly companionship to an older adult in their home or on an outing. Flexible schedule 1-2 hours per week.

Kitchen Volunteers: Assist our professional chef in preparing and packaging meals for our Evening Meals on Wheels clients.

Reception Volunteer: Assist with answering the telephone, greeting visitors and general office projects. 3-4 hours per week. Shifts are available at the Independent Living Headquarters, 815 Forward Drive, or The Gardens, 602 N. Segoe Road, both in Madison.

Telephone Reassurance: Make daily calls to provide a safety check, medication reminder or companionship for an older adult in our community. For more information, contact [Volunteer Services Program Manager](#) at 608-274-7900

For Fairness,

Judy Karofsky, Interim Administrator
Wisconsin Women's Network

MISSION

The Wisconsin Women's Network is a coalition of organizations and individuals advancing the status of women in Wisconsin through communications, education, and advocacy.

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